

4/25/2017

It's that time of year to **at least** start thinking about HealthWise health assessments and wellness screenings.

WHAT'S NEW

QUEST DIAGNOSTICS

We are partnering with Quest Diagnostics for both the health questionnaire and wellness screening. This means employees will only need to go to one website for scheduling, completing the questionnaire, and reviewing their personalized, confidential report.

BLOOD PRESSURE CHECKS

Blood pressure checks will be available at a wellness screening event.

FAX TO PHYSICIAN

Quest will fax a lab report to a physician if the participant provides their physician's fax number.

INTERACTIVE REPORTING

MyHealth™ Profile, the report generated after the questionnaire and screening are completed, is an interactive educational tool to help employees better understand why it is important to take charge now.

QUEST WEBEX TRAINING

We are working with Quest to offer several WebEx opportunities that will help you better understand the Quest platform.

NO CHANGES

HEALTHWISE CREDIT

The 2018 HealthWise Credit remains at an annual amount of \$130. It is important that all employees have support and encouragement to participate in some manner to earn the additional \$130 in 2018.

WELLNESS SCREENING OPTION

1. Onsite at your location. Onsite wellness screening events gain the best participation.
2. Quest Patient Service Centers (PSC). This option is great for employees who work out in the field. Instead of having technicians drive to the branch, why not give them 15 minutes to visit a local PSC in their territory at a time that works best with their schedule. You can search for a PSC in any area by going to www.questdiagnostics.com > Find a Location.
3. Blood test at physician office/health fair. Employees who already completed a blood test in 2017 that included a lipid panel and glucose may submit those results to HealthWise to meet the wellness screening requirement.

NEXT STEP

There is nothing you need to do at this point. We'll be in touch by the end of May. However, if you would like to get your onsite event scheduled and on the calendar, just let me know. Onsite wellness screenings can be scheduled any time between August 20, 2017 and November 30, 2017.