

5/9/2017

*\*\*\* Branch Managers, Service Managers, Operations Managers, General Managers and Branch HealthWise Contacts are included in this email. \*\*\**

We all understand the impact disease and disability has on our workforce. While many factors exist that we cannot change to help reverse this trend, one thing we all can do is to take an active role in our health and well-being. With a greater understanding of our health risks, we can proactively take steps to address the issues they create before their effects become irreversible.

**The HealthWise Health and Wellness Screening Program** offers us a great opportunity to learn about our health status and gain valuable insight into how our choices today may impact our health and quality of life in the future.

We are partnering with Quest Diagnostics this year. Key features of their portal include:

- One website for scheduling screenings, completing the questionnaire, and reviewing confidential report. A 16-page personalized color report will also be mailed to home.
- Blood pressure checks will be available at a wellness screening event.
- Quest will fax a lab report to a physician if the participant provides a physician's fax number.

While this program is voluntary, Crown wants all employees to have the opportunity to participate and the opportunity to earn an additional \$130 in 2018.

Your support and encouragement is crucial to the program success. **The program is scheduled to start in August, 2017 and end December 1, 2017.**

Wellness screenings can be completed onsite or at a Quest Patient Service Center.

1. **Onsite at your location.** If your location wants to host a blood draw event, it is important we get it on the calendar with Quest to ensure staff availability.  
If you have not already done so, **please send me your preferred screening date by 6/9/2017.**
2. **Quest Patient Service Centers (PSC).** Available to all employees. However, this option is great for employees who work out in the field.  
Instead of having technicians drive to the branch, why not allow 15 minutes to visit a local PSC in their territory at a time that works best with their schedule.

Please do not hesitate to contact me if you have any questions. The most important step is to get your event scheduled, if you want to host an onsite event at your location.