



## 2019 WELLNESS SCREENING PROGRAM – FREQUENTLY ASKED QUESTIONS

### ELIGIBILITY

**Q Who is eligible to participate in the HealthWise Wellness Screening Program?**

All regular full-time employees are eligible to participate. In addition, spouses enrolled in a Crown Health plan are also eligible to participate.

**Q Who is eligible to earn the 2020 HealthWise Credit (HWC)?**

All fulltime Crown employees are eligible to earn the 2020 HWC, even if you are not enrolled in a Crown health plan.

**Q Can I participate in the program if I'm not a member of a Crown Health Plan?**

All eligible employees may participate and earn the HWC regardless of health plan coverage.

**Q How much does it cost?**

The wellness screening program is a voluntary program and at no cost to you. Crown Equipment Corporation pays the full cost.

### PARTICIPATION INCENTIVE

**Q Is there a financial incentive for participating in the Wellness Screening Program?**

Yes. By participating, you could earn a HealthWise Credit (HWC). The HWC is an annual amount of \$130. If program requirements are met by 12/31/2019, an amount of \$5 will be added each pay period in 2020.

**Q What are the requirements to earn the 2018 HWC?**

To earn the HWC in 2020, employees must complete the online health questionnaire and a wellness screening before 12/31/2019.

**Q Is there a financial incentive for spouse participation?**

No. Although spouses enrolled in a Crown health plan may participate in the wellness screening program, there is no additional HWC applied in 2020,

**Q If my spouse and I are Crown employees, do we each earn the \$130 HealthWise Credit?**

Yes. Any regular full-time employee will earn the \$130 HWC if the requirements are met before the deadline.

**Q Do I need to complete my online health questionnaire to be eligible for the HWC?**

Yes. Along with the wellness screening, the health questionnaire must be completed no later than Dec. 31, 2019 to receive the 2020 HWC.

## PRIVACY

**Q I am concerned about confidentiality. How do I know that my personal information will not be shared with Crown?**

Your privacy is important to Crown, and Crown has in place an official Privacy Policy for your protection. Crown Equipment Corporation receives only total combined data on the entire group – which is used to determine what health education or other new programs might best fit the needs of Crown employees. Crown will not receive information on your individual test results or personal health information.

**Q Will my employment status or eligibility for benefits be affected by my health status?**

No, health risks or medical conditions have no bearing on your employment status or eligibility for benefits.

## GETTING STARTED

**Q When will the Wellness Screening Program start for this year?**

The program will open August 1, 2019 Take a few minutes and make sure you remember your login credentials by going to [My.QuestForHealth.com](http://My.QuestForHealth.com). When you get into the site, review your screening results from last year.

**Q I participated in the Wellness Screening Program last year. Can I use my same login credentials for my [My.QuestForHealth.com](http://My.QuestForHealth.com) account?**

Yes. If you do not remember your login credentials, use the ‘Forgot Password’ and/or ‘Forgot Username’.

**Q I am a new user; how do I register on [My.QuestforHealth.com](http://My.QuestforHealth.com)?**

Go to [My.QuestForHealth.com](http://My.QuestForHealth.com) and enter **CROWN19** as the Registration Key. Confirm eligibility by entering your 6-digit employee ID (065214) and date of birth. Create username and password and continue to follow prompts to get to the dashboard. From the dashboard you will be able to schedule a wellness screening (if applicable) and complete health questionnaire. You will return to the site to view results, so remember your login credentials.

**Q If I am traveling to another Crown location on a day they are holding a wellness screening event, can I attend the event at that location? Can I schedule a screening while in New Bremen?**

Yes. Crown employees may attend any event at any location that best fits their schedule. If you are traveling to New Bremen, we can get you scheduled while you are in New Bremen.

**Q What tests are included in the wellness screening?**

The wellness screening consists of a blood pressure check with biometrics (height/weight) and a blood draw for a lipid panel (total cholesterol, HDL-cholesterol, LDL-cholesterol, triglycerides) and a Hemoglobin A1C.

**Q Do I need to fast for the wellness screening?**

Fasting 9-12 hours is recommended but not required. If you choose not to fast before your screening, please eat a light meal (the only test impacted by not fasting is the triglyceride value).

**Q I completed a wellness exam with my doctor or at my spouse's employment this year. Can I use those results?**

If you are willing to share the results with HealthWise, that exam may meet the wellness screening requirement. The wellness exam must include a blood pressure, height, weight, and a lipid panel and glucose/A1C. You may fax your results to 419-629-2317 or email to [healthwise@crowns.com](mailto:healthwise@crowns.com). If you have any questions, contact HealthWise at ext. 14330 or 419-629-6330.

**RESULTS**

**Q When and how will I receive my results?**

**Q** Your personalized MyHealth Profile™ will be available online and mailed to my home after the wellness screening and health questionnaire are completed.

**Q Who do I contact if I have a question about my lab results?**

Understanding your test results and how they impact your health is vital. That is why Crown is offering you a CONFIDENTIAL telephone session with a board-certified physician at no cost to you. The physician, through PWNHealth, will help you better understand your numbers, provide personalized education and answer any questions you may have about your results.

**Q Is there a charge for the Physician Health Information Session?**

No. The session is voluntary, confidential, and at no cost to you.

**Q How to I schedule a Physician Health Information Session (PHIS)?**

You can register for a session by calling 888.389.8907 or go to <https://th.pwnhealth.com/crownequipment.phis> or call 888.389.8907 to register for a session.

**Q Should I share my results with my primary care doctor?**

Yes, although we offer the PHIS, we encourage you to share your results with your personal doctor.

**CONTACT INFORMATION**

**Q Who do I contact if I have a question about the Wellness Screening Program?**

Contact Crown HealthWise Department at 419-629-6330 or [healthwise@crowns.com](mailto:healthwise@crowns.com).