

CROWN



# A BOOST TO YOUR HEALTH!

## Complete your Annual HealthWise Screening and Health Questionnaire

Participate in our annual HealthWise Wellness Screening Program to receive a \$130 HealthWise incentive (\$5/per pay period) in 2023.

To qualify for your HealthWise incentive, **you must complete both a Wellness Screening and Health Questionnaire** by December 31, 2022.

**Beginning in August, Wellness Screenings will be available to eligible employees throughout Crown manufacturing, office and branch locations. Screenings are voluntary, confidential and no-cost.**

The screenings will include a blood pressure check and blood draw for a cholesterol panel and Hemoglobin A1c.

Find a date and time for your nearest screening at your **plant or office** location. A list of dates, times and locations is included for your convenience.

**Pre-registration is required. Sign up today to reserve your screening time.**

If you are unable to attend a screening session, several Alternative Screening Options will allow you to qualify for the \$130 incentive.



Visit [healthwise.employee.crown](https://healthwise.employee.crown) for more information.

If you have questions, please contact [healthwise@crownc.com](mailto:healthwise@crownc.com) or call 419-629-6330 ext. 14330.

# ALTERNATIVE SCREENING OPTIONS

## Quest Patient Service Center (PSC)

**Schedule your screening at a time and location that is convenient for you.**

- 2,200 Patient Service Centers nationwide.
- Appointments at a PSC are 10 minutes or less.

**Locate a center nearest to you and schedule your screening at a PSC by visiting [My.QuestForHealth.com](http://My.QuestForHealth.com).**

## At-Home Self-Collection Kit

**Request an at-home self-collection kit through an online scheduler at [My.QuestForHealth.com](http://My.QuestForHealth.com)**

- Quest Diagnostics will send self-collection materials to your home address.

### ***After you receive your self-collection kit:***

- Activate your materials at [QuestActivate.com](http://QuestActivate.com).
- Complete the self-collection by following the instructions included with the kit.

### ***After you complete your self-collection:***

- Ship your collection card back to Quest Diagnostics using the pre-addressed envelope the same day you complete the self-collection.

## Self-Report Lab Results

- Complete an annual wellness exam with your doctor or at a health fair.
- Fax results to HealthWise at 419-629-2317 or email to [healthwise@crownc.com](mailto:healthwise@crownc.com).

## Medical Voucher

**For a medical voucher, please contact your HealthWise representative, Mandy Tegtmeier at [healthwise@crownc.com](mailto:healthwise@crownc.com).**

**For additional questions, contact HealthWise at [healthwise@crownc.com](mailto:healthwise@crownc.com) or call 419-629-6330 ext. 14330.**

