

2023 QUICK REFERENCE GUIDE

Participation in the HealthWise Wellness Screening and Health Questionnaire must be completed by December 17, 2023.

Health Questionnaire “How To”

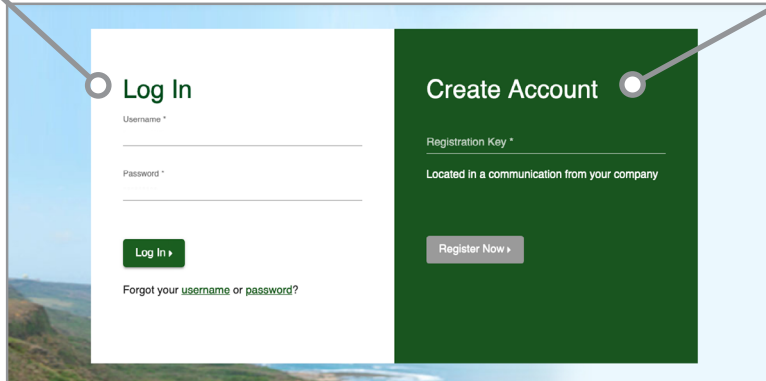
1. Visit: [My.QuestForHealth.com](https://my.questforhealth.com) and login following the instructions below:

Returning User

- Enter the username and password you previously created.
- If you do not remember your login credentials, click ‘Forgot Username’ or ‘Forgot Password’ (Contact HealthWise if your recovery email needs updated.)

First Time User – Create Account

- Enter CROWN23 as the Registration Key.
- Click Register Now.
- Accept terms and conditions.
- Enter your Crown Employee ID (6-digit) and DOB to confirm eligibility.
- Create username and password.
- Confirm demographics.



2. Complete the Health Questionnaire.
3. You will receive an email (at your registered email address) when your results and personalized report are ready to view.

Please contact your HealthWise Program Manager at healthwise@crow.com or at 419-629-6330 or ext. 12302 with questions.